

LEADERFUL WOMEN



Led by Sue Congram & Barbro Huldén

1st - 4th September 2010

A seminar for women in management, leadership and professional practice

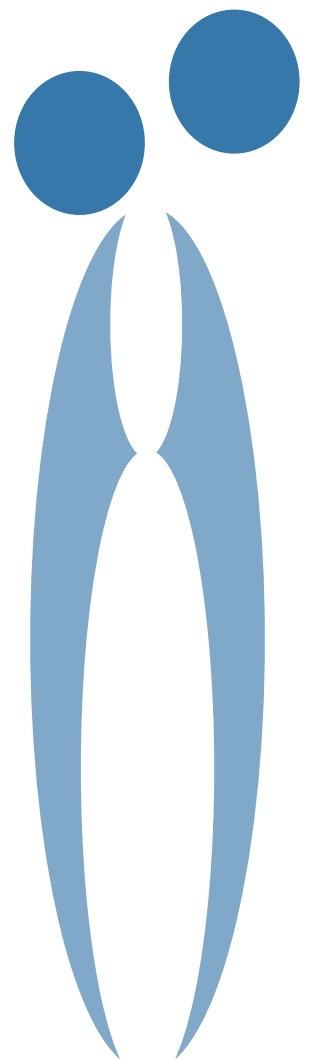
Have you ever felt that you have more to offer, could achieve greater aspirations as a woman, but don't know how to? **PMI** is launching this new seminar, developing **leaderful** strengths in **women**. The design and content is informed by many years of experience from the leaders who have worked with women in a wide range of positions, enabling many to deal with seemingly insurmountable work and life issues.

Being leaderful is what happens everyday, how you act in each moment, in a wide range of different situations. It's about being present, being aware and reflective of yourself and others, taking initiatives, taking ideas forward, being choiceful, saying what you believe, appreciating difference, living your values and inspiring others to be leaderful - that is, bringing out the best in yourself and in others.

All of this starts with **who you are** as a person.

On completion you should be able to

- know how to be leaderful in your work, especially in the moment of face to face contact with people around you
- engage the art of reflective practice on three levels; personal, relational, organisational
- understand how family and cultural patterns are deeply rooted in your everyday way of living, and how this can inhibit leaderful practice
- challenge hidden beliefs about your attitude towards management and leadership
- understand the difference between a leader role and leaderful acts
- consider yourself as a role model and what that means
- overcome personal patterns of control that undermine your leaderful potential, learning how to do things differently *and* be successful
- understand how to build self confidence and self belief
- make informed aware choices in your daily encounters



THREE-DAY SEMINAR

This **three-day seminar** is highly participative, it includes short teaching sessions, small group work, journaling as a way of learning, creative methods for deepening self awareness, self reflection, opportunities for personal insight, and learning new ways to be in your world of work.

The **programme** provides the space for women to develop an embodied leaderful presence in their work and life, challenging deeply held beliefs on who they are and how to be in the world.

The event requires participants to prepare a small piece of biographical text prior to the event. It calls for active participation, with a personal commitment to learn and develop. An element of trust must be present in order to increase self-awareness and create a deeper understanding in oneself and others.

Language: English (with Swedish & Finnish translation if needed)

DATES

September 1st-4th, 2010

Commencing at 18.30 with dinner on the 1st Sept., finishing 14:00 on the 4th September.

FEES

Individual rate **4.500 (DKK), 600 (EUR)**, plus VAT

Corporate rate **6.750 (DKK), 900 (EUR)**, plus VAT

VENUE and COSTS

The venue is the beautiful **Altmõisa Guesthouse**, Läänemaa, Estonia. All rooms are en-suite. www.altmoisa.ee

Single room (6 available) **2070 (EEK) 135 (EUR)** all meals included.

Shared room **1800 (EEK) 117 (EUR)** per person, all meals included.

Accommodation costs are payable directly to Altmoisa at the time of the event.

Contact and Booking Information

PMI · Næsbyvej 28, Orø · 4300 Holbæk · Denmark

Tel [+45] **59 47 01 01** Email: pmi@pmi.dk



PROGRAMME LEADERS

Sue Congram is an experienced business development psychologist and In-Depth coach working with the development of directors, leaders and managers, and coaching people in both personal and professional development. Accredited as a Chartered Psychologist through the British Psychological Society, She is currently studying 'the complex nature of leadership' through PhD research and is co-leading a global research project on indigenous leadership in developing economies. Sue is lead advisor for a leadership development programme for women in the arts and cultural sector, Wales. She is on the Executive Board of the Marion Woodman Foundation in the US, a charity that supports the development of women worldwide, and runs international events to support this cause.

Sue is an associate of PMI and teaches Gestalt in Organisations in Scandinavia, Greece and the UK. She has published five books and numerous papers and chapters on diversity, strategy, coaching and psychology.

Barbro Huldén is an experienced and accredited Gestalt psychotherapist, coach and supervisor, based in Helsinki, Finland. She runs her own private practice working with personal and professional development, coaching and supervising leaders and work teams both in business and cultural organisations.

Barbro has been an associate of PMI for 14 years, working with companies in the Nordic countries on management development and change. At Luleå Technical University, Sweden, she has worked many years with promoting becoming female leaders.

Barbro is a senior leader and a member of the training board in The Gestalt Institute of Scandinavia and has a background as a producer of adult education in the Finnish Broadcast Company.

