



GIS • International

The European Institute for Psychotherapeutic Studies (Euroips)

Diploma in Psychotherapy with Children and Young People

In the process of Accreditation with the new

European Interdisciplinary Association for Therapy with Children and Young People (EIATCYP)

Euroips provides training and development in child psychotherapy to graduate psychotherapists who already have clinical experience in working with adults.

Areas of knowledge and understanding are conceptualised within four broad themes and delivered via:

- One x 5 day workshop introducing the overall model
- Six x 3 day thematic workshops
- One x 4 day workshop during which trainees will make a presentation of their clinical work with a child or young person
- A total of 27 days.

N.B. The above schedule of workshops may be lengthened or shortened to suit the training culture of the institute/country where the programme is located, but retaining the overall total of 27 days.

A case study of around 8,000 to 10,000 words needs to be successfully completed. Participants will be supported to complete the case study which can be handed in up to two years from the end of the training workshops. There are required hours for clinical practice and supervision. Because participants will already be qualified therapists we do not insist on personal therapy but strongly recommend it. The programme content will inevitably bring up issues and experiences from participants own history and therapeutic inquiry can be a supportive experience both personally and professionally.

The four broad themes with their specific content are outlined below and will be further published in greater detail in the Trainee Course Handbook (approximately 120 pages) which all participants will receive at the first workshop.

Gestalt Institute of Scandinavia, GIS • International ApS.

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Member of The European Association for Psychotherapy (EAP) • JEP member of Psykoterapeut Foreningen (MPF)

1. The World of the Child

Under this theme the introductory workshop will provide an overview of the core assumptions of a relational developmental approach to child psychotherapy including:

- Pre birth and birth transition
- Creative adjustments via pre verbal attachment patterns
- Life Script cognitive closure
- Interpersonal relations seeking repetition and/or reparation
- Theory of change from a relational developmental perspective

2. The Child in the World

Under this theme trainees will critically evaluate in greater depth the intrapsychic and interpersonal functioning and dysfunctioning of the child as they find a 'way of being' or creative adjustment in their world with particular emphasis on

- Attachment theory
- Theories of Child and Adolescent Development
- Neuroscience
- Shame and Envy

3. The World in the Child

Under this theme trainees will critically reflect on child – environment relations with particular regard to the impact of the wider field

- Family, Community and School
- Special Educational Needs, Emotional, Social & Behavioural Difficulties
- Physical, Sexual and Emotional Abuse
- Mental Health issues

4. Protecting the Child in the World

Under this broad theme we critically reflect on

- Assessment/Risk Assessment,
- Diagnosis
- Child protection legislation
- Interdisciplinary and Multi-agency Working with emphasis on appropriate procedures and protocols for information sharing
- Supervision
- Anti oppressive practice

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Workshops will provide opportunities for didactic and experiential learning together with building of skills repertoire.

Principle Tutors

Joanna Hewitt Evans, Programme Co-Director, has a Masters degree in Psychotherapy and a Masters degree in Social Work. For 15 years she was a specialist therapeutic social worker with the Family Service Unit working with children of mixed heritage who had suffered abuse. She has run a UKCP accredited psychotherapy training programme and is a visiting trainer and supervisor at several European training institutes.

Ken Evans (Euroips Director and Co-Director of the children's programme) is a former Training Standards Officer of UKCP, Past President of the EAP, EAIP and EAGT. He is current Registrar of the EAIP. He is a former local authority principle social worker/ team leader in the UK, specialising in working with families at risk, and working with fostering and adoption. He has considerable experience of running therapeutic groups for adolescents and was formerly a group work tutor for university social work students.

Other participating teaching staff may also be involved who possess further expertise in specialist areas of knowledge.

Dates for the 2010-2011 programme are:

August (travel on 24th) **25 - 29, 2010**, (ending lunchtime) France

December (travel on 7th) **8 - 12, 2010**, (ending lunchtime) Denmark

March (to start evening of 15th) **15 - 20 , 2011**, (ending lunchtime) Denmark

June (travel on 1st) **2 - 5, 2011**, (ending lunchtime) France

September (travel August 31st) **1 - 4, 2011**, (ending lunchtime) France

December (travel on 7th) **8 - 11, 2011**, (ending lunchtime) Denmark

The cost is 2,500 euro payable in separate sums of 417 euro at the commencement of each workshop. This fee covers accommodation and food in FRANCE.

There is an additional cost for accommodation and food for the workshops in Denmark; please contact the GIS office for details.

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